



AN APPROACH TO SUSTAINABLE LIVING: BIODEGRADABLE FLATWARE

Rucha Bhavsar, Aanal Maitreya, Nainesh Modi*

Department of Botany, Bioinformatics, Climate Change & Impacts Management, School of Sciences, Gujarat University, Ahmedabad-380009.

Email ID – nrmodi@gujaratuniversity.ac.in

Abstract

Our environment is getting polluted day by day, from the past few years. There has been significant amount of air, soil, water & noise pollution in recent decades. Ozone layer is getting depleted, that affects environment and all living organisms. Plastic pollution plays major role in getting soil polluted, that leads to less nutrient efficiency in vegetation grown in that particular soil. Plastic takes approximately 20 to 500 years to degrade. Cutleries made from plastic such as straws, spoons, forks, cups, plates & containers takes years to decompose and harm soil, environment, water as well as living organisms. We can use cutleries made from metals like copper, silver, steel etc. But if we consider our fast food eating habits, eating out at in the streets or junk food takeouts and something that complements our modern lifestyle, we can definitely use biodegradable cutleries. There are many plant-based options and alternative to traditional plastic cutlery. There are many parts and religions in India that focuses on eating in *Musa paradisiaca* plants' leaves (mainly in southern region of India) and in ancient times our ancestors used to make plates from *Butea monosperma* dried leaves. Plants & materials used for creating plant-based cutleries are discussed vividly in this paper. Many researchers and scientists have worked toward contemplating this global issue, that is mentioned in this paper as well.

Keywords: Plastic pollution, Plant-based cutlery, Environment pollution

INTRODUCTION

In the past few years, there has been increase in curiosity about environmentally friendly alternatives across several industrial sectors due to increasing ecological issues around plastic pollution. The food and beverage industries have been receiving a lot of consideration, as single-use plastic cutlery like straws, spoons, plates, cups, bags etc. forms a major role in the global plastic pollution problem. The development and utilization of compostable utensils has come to be recognized as a sustainable alternative solution address this ecological issue. A term such as "biodegradable cutlery" refers cutlery and utensils that are made of components that breakdown biologically and reunite with the environment without destroying it. Traditional plastic cutleries' persistence in the environment and negative impacts on wildlife make it potentially hazardous to ecosystems. It is largely composed of non-renewable resources like petroleum. Conversely, biodegradable alternative products attempt to help reduce the harmful negative environmental impacts associated with single-use flatware.

The various aspects of biodegradable cutlery are explored in this paper, from material composition and production techniques to social and ecological and environmental impact. The purpose of the study is to present the public an understanding of the potential benefits and drawbacks when utilizing biodegradable cutlery in the foodservice sector. As a result, disposable plastic serving items are so commonly utilized and have such a detrimental effect on the environment, plastic tableware pollution is an important sustainability concern.

Single-use Plastic Pollution: A large number of plastic tableware is manufactured to be utilized a single time prior to being thrown away from such as straws, knives, forks, and spoons. These things' small size makes them increasingly probable to be carried by air and water-based, which increases to the pollution of rivers, oceans, and other ecosystems with garbage made from plastic.

Littering and Pollution: Waste disposal that is incorrect of plastic cutlery, as well as inadequate disposal of trash, results in pollution of the natural environment. Plastics can withstand hundreds of years in the environment before they completely biodegrade.

Marine Pollution: Plastic crockery that finds passage into rivers and lakes puts at risk marine life. It could be utilized by marine animals who misidentify it as food, which could be risky. Plastic cutlery has a capacity to degrade into microplastics over time, which could further threaten marine ecosystems.

Landfill Issues: A lot of plastic utensils are dumped of in landfills, placing more pressure on their holdings. Ground-water and soil may become poisoned with toxic chemicals as well as pollutants as plastic degrades into smaller pieces in landfills

Solutions and Alternatives: There are many several types of sustainable materials that might be employed to manufacture utensils that can be utilizing as an alternative to common plastic cutlery, such as the starch from corn,

bamboo or other materials that are biodegradable. An additional successful method to cut decrease waste through single-use plastics is by supporting the execution of reusable in natural cutlery.

To define a more environmentally responsible and sustainable approach to flatware use, efforts to solve plastic cutlery pollution interact a combination of human activities, business transparency and accountability, and laws from the government.

Biodegradable cutlery is produced by numerous of enterprises, and customer demand for these types of products has been in response to improving awareness of environmental issues. Many respected companies that make biodegradable tableware include: Eco-Products, World Centric, Birchware, Bambu, Green Good.

It's critical to remember that different regions may exist in the affordability of biodegradable cutlery, and novel companies may eventually enter the market. It's substantial to verify which specific components are used in the manufacturing of biodegradable cutlery and whether they attach to useful composting guidelines in order for composting of such items perfectly.



FIG.1: WOODEN AND EDIBLE (BIODEGRADABLE) CUTLERY



FIG.2: SOURCES ARE USED IN BIODEGRADABLE CUTLERY

REVIEW OF LITERATURE

Applying grape flour to biodegradable spoons was found to enhance their nutritional profile, which is crucial in finding environmentally friendly alternatives due to the significant risk of non-biodegradable materials. Mousa et. al. (2022) discovered that incorporating 10% triethyl citrate into polybutylene adipate terephthalate had a greater impact on the elongation at break of composite material compared with PBAT alone. Various substances such as PLA, PBAT, PBS, PHBV, Bioplast and Mater-Bi have been identified as potential replacements for cotton swabs; however, it's essential they are tested for marine ecosystem biodegradability according to Jacquin et. al. (2021). This study compares these materials biodegradation rates against cellulose or PP products and provides an overview analysis of microorganism growth on each substrate mentioned above. There are many noteworthy studies worth exploring including Jandas et. al., Brownlee et. al. (2013), Malafietal et. al. (1995), Choeybundit et. al. (2021), (Choeybundit et. al, (2022). It was launched that applying grape flour to the experimentally generated biodegradable spoons enhanced their nutritional profile. Due to its non-biodegradable qualities, it creates huge risks to the environment, which makes looking for biodegradable solutions essential. (Mousa et al., 2022) indicates that introducing 10% weight percent of triethyl citrate (TEC) to polybutylene adipate terephthalate (PBAT) makes a more significant effect due to the fact that it raises the optimal composite's elongation at break from 2.10% to 4.20%. Polylactic acid (PLA), polybutylene adipate terephthalate (PBAT), poly (butylene succinate) (PBS), polyhydroxybutyrate-valerate (PHBV), Bioplast, and Mater-Bi have been certain substances that could make appropriate replacements for cotton swabs; however, it is important to test their biodegradability in marine ecosystems. (Jacquin et. al., 2021) compare these materials' biodegradability in seawater to manage composed of alternatively biodegradable cellulose or non-biodegradable polypropylene (PP) and provide an overview of the



microorganism life expanding on these materials. More interesting studies include (Jandas et al., 2013), (Brownlee et al., 2013), and (Malafi et al., 1995) (Choeybundit et. al., 2021), (Choeybundit et. al., 2022).

(Jain and 2000) research the 1,16,000 vacationers whose work visit Hemkund Sahib and the Valley of Flowers in India every 12 months all through a time body of 4 months. Micro level bio composting is sufficient for the not utilized biodegradable wastes (BW) which might be without problems biodegradable wastes (RBW). In the cutting edge management state of affairs and wasted meals, non compostable plastic utensils shape a part of the blended heterogeneous waste products created by caterin eating places an eating places using disposable things like silverware. Because it is non-poisonous and biodegradable and biodiesel and an alternative diesel gas this is generated from renewable assets and has end up quite famous as an environmentally pleasant energy supply.

(Sinan and 2020) explores bioplastics for sustainable development: general environment in India; (Mishra et al. and 2012) covers a number of tree borne oilseeds in India. The use of microorganisms in the production of plastic is a unique approach. These biodegradable polymers serve a purpose in agriculture and medicine and controlled pharmaceuticals release a packaging and among different sectors. The founding of biodegradable spoons and the evaluation of their texture and activity as antioxidants and as a whole polyphenol content were the aims of Dordevic et al. (2021). It was determined that added grape flour to the experimentally made biodegradable spoons increased their nutritional profile. Biodegradable materials are one of the major advances in science that were created by the mitigation of plastic packaging challenges. (Gupta et al. 2022) seeks functioning as the primary destination for the creation of plastic bags made of biodegradable substances derived from food an plant waste. Additional significant efforts include Choeybundit an Malafi et al. (1995) (Choeybundit et. al. 2021) and (Choeybundit et. al. 2022).

Poly (lactic acid) in addition to biodegradable polymers have been considered to have potential as excellent replacements of traditional plastics. When put together and these investigations might assist to examine the commercial potential of biodegradable polymers as alternative resources for commodity plastics (Haider et al. and 2018). Plastic packaging has been pushed towards the use of bio based an biodegradable materials as a consequence of consumer awareness of the negative effects that waste plastic packging performs to the environment as well as bio economy an circular economy rules and regulations. Research has been focusing on changing bio based an biodegradable polymers to fulfil the specifications for cosmetic preservation and while retaining sustainability a biodegradability. In this competitive environment and even cosmetic packaging has been looking for sustainable solutions (Cinelli et al. and 2019). Strong communication between research institutions and companies will motivate cosmetics firms to develop into more mindful of sustainability an improve the environment. Food service containers and cutlery and an other a single item in packagin often make use of biodegradable plastics.

(Masud et al. and 2021) look into various potential applications for them. The perks of biodegradable plastics working together with feasible recycling techniques are outlined via (Flury et al. and 2021). Bio degradable plastics must be exploited to deal under particular end of life circumstances and even if they must be an important component of plans to minimize the use of plastic in the environment. Although, plastic packaging fulfils a major part in keeping food healthy and its non biodegradable nature and recycling problems an the accidental leakage of harmful substances into food and soil raise considerable concerns for both the environment an the health of the public. The founding of biodegradable spoons an' an inspection of their structure and an antioxidant effect while an broadly polyphenol content were the main objectives of Dordevic et al. (2021).

Although bioplastics based on plant based materials and whether biodegradable or not and maintain a niche market asking for serious investments in material an application development and the last three years have seen substantial technological and financial performance developments that have opened up prospective markets for these products in the mass market and for example in the storage of food. (Bastioli and 2001) analyzes the most current changes in the plastics industry associated with bioplastics and takin' into considering their environmental impact and biodegradation activities and in use performance. A renewed interest in biodegradable plant containers usefulness in the green sector their market acceptance has emerged with the recent availability of more attractive alternatives. In the effort to assist producers and businesses result in more efficient utilization of their resources by supplying specific features of products to the customers who value them most and Hall et al. (2010) worked to identify the characteristics of biodegradable pots that consumers identify most desirable. Industry enterprises should employ idiosyncratic methods of advertising for marketing biodegradable containers to the specific audience for consumers.



(Yue et al. and 2010) utilized non hypothetical experimental auctions an hypothetical conjoint analysis to determine the blossoming stage the ability to pay for biodegradable plant containers. The results of this research indicate that although participants felt ready to pay a premium for biodegradable containers as well as the premium varied depending on the form of container. The study looked over blends of synthetic polyester an poly (lactic acid) that are utilized as biodegradable bags for retail use. Furthermore and control samples that include polyethylene with pro oxidant catalysts also known as "biodegradable bags" in the marketplace were researched as well (Araújo et al. and 2013).

After having your weight taken buried for a period of time in simulated soil and samples of these materials were investigated utilising thermal analysis and that included a non isothermal kinetic study. Although some Brazilian city laws specify that marketplace bags are produced using biodegradable materials and their exact chemical content is unknown as a result of a lack of particular surveillance policies. The composition of samples of biodegradable cutlery and biodegradable paper ones was identified in a study undertaken by Finzi Quintão et al. (2016). Seven samples gathered from Belo Horizonte's commercial market trading company were investigated. The objective of Gautam et al. (2017) was to research alternatives for plastic cutlery that are used in food from restaurants and specifically cutlery produced from Areca palm and Coconut tree products. There will be a brief summary of a consumer study and design and life cycle analysis and an' extensively manufacturing research. Methanotrophs could effectively take advantage of landfill CH_4 to produce biodegradable plastic in a cradle to cradle manner. (Chidambarampadmavathy et al. and 2017) examines current issues and reviews techniques for recycling of plastic waste materials and suggests alternatives. The creation of biodegradable flatware and assessment of their consistency and antioxidant action at large polyphenol content were the aims of Dordevic et al. (2021). The results of the research indicate that the back of the spoon made from a blend of all three flours plus xanthan would be the most suitable choice in substitution of plastic cutting board materials. An effort to replace traditional plastics that are harmful and not biodegradable and hazardous to the underwater ecosystem and biodegradable polymers are being carefully studied. Polylactic acid (PLA) is the most reliable polymer for food packaging applications and claims Mahajan et al. (2023). Among the other noteworthy works are (Filiciotto et al. and 2020).

The core of transient electrically active medical implants may be composed of flexible and biodegradable electronics. (Kim et al. and 2013) present electrochemical electronic power sources and which are made purely of edible materials and naturally occurring precursors that are ingested in typical diets are compatible with non invasive deployment techniques. Since they offer a smaller amount environmental costs and there is a vigorous quest for fresh renewable sources of natural polymers for edible and recyclable items. (Larotonda et al. and 2016) looks into using hybrid carrageenan extracted from seaweeds as *Mastocarpus stellatus* in place of commercial kappa carrageenan in new products for film that is edible.

(Miao et al. and 2018) discussed the combination of three dimensionally (3D) interconnected conductive nanocomposites onto edible starch chitosan based substrates to produce a novel biodegradable an flexible transparent electrode. This biodegradable transparent electrode with outstanding properties holds great prospects for use in edible electronics and transient electronics and next generation wearable green optoelectronics. Because of its unique characteristics (easily available and nontoxic and tasteless and biodegradable and eco friendly and an edible) and starch may prove to be an attractive replacement for plastic. The primary focus of this review article is the impacts of adding additives to starch based biodegradable films and which involves their thickness and morphology and optical and water barrier and mechanical and oxygen barrier and antioxidant an antimicrobial properties and how these films fulfil their requirements for developing edible and biodegradable food based films with used performance (Singh et al. and 2022). With the aim for production of edible films and foams and an hydrogels for use in food packaging applications and many different kinds of potential bio based materials have undergone recent developments and according to study by Regubalan et al. (2018).

(Rastogi and 2019) discussed the technologies developed during the last three decades in the field of coconut research at CFTRI and such as the technique for creating desiccated coconut and the development of technology for creatig spray dried coconut milk powder and the wet processing of coconut and the production of vinegar from coconut water and virgin coconut oil and beverages made with tender coconut and coconut spread and among numerous others. The copra coconut oil and to a smaller extent and the dried coconut and are the main source of profit for the industry that processes coconuts. In order for reducing environmental contamination caused by structural materials developed in the oil industry and there has been an upward trend in demand for biodegradable composite materials worldwide in recent years.



In order to establish a biodegradable composite and the purpose of (Matos et al. and 2019) was to evaluate the growth of isolates from the edible mushroom "Shitake" (Lentinula edodes) in substrate that was based on coconut powder supplemented with wheat bran. They were additionally interested to analyse the consequences of the fungi's growing period drying time of the colonized substrate on the mechanical properties of the composite. First and a traditional compression moulding methodology was utilized for successfully producing a biodegradable composite foam composed of cassava starch coconut remaining material fiber (CRF) (Nansu et al. and 2019). This unique composite material has the potential to be utilized in utterly biodegradable and non-toxic and shockproof packaging. Using biodegradable film producing from sago starch and (Karouw et al. and 2020) seeks to discover changes in the physicochemical and microbiological and an sensory properties of coconut based candies. After that the coconut candy gets encased in biodegradable film made of sago starch stored at room temperature for 40 days. The food industry constructed of starch with the environmentally beneficial quality of biodegradability is called "Biodegradable foam."

(Wahyuningsih et al. and 2021) investigated the applications of coconut oil and biosilica to enhance the properties of starch based biofoam products. They compared the following biofoam control (there are no filler) and commercial silica and biosilica and biosilica plus coconut oil. The increasing need for sustainable and renewable and biodegradable and recyclable materials is responsible for a proliferation in the use of coir fiber reinforced bio composites that are constructed from coconut husks. In terms of their morphological and thermal and mechanical and physical properties and (Hasan et al. and 2021) give an overview of coir fiber and the related composites and as well as their practical manufacturing processes and surface treatments. Along with noteworthy works includes those by Rosa et al. (2008) and Kalla et al. (2021) and Barlina et al. (2023).

The mechanical and antibacterial and water barrier capabilities of starch based films had been improved by an incorporation of VCO. In spite of this and increasing in importance plastic products are being utilized every day. For this reason and the aim is to discover a material that can be used to produce biodegradable items (such as plates and glasses and cutlery and bags and more) that can break down quickly and provide a feasible answer to this issue (Cubilla et al. and 2020). In order to create a prototype of biodegradable material for this project and along with other components and the attributes of coconut fiber and plantain banana peel have been examined. The primary places of consumption where the disposal of green coconut shells takes place have been identified and together with a determination of the data's uncertainty and based on a structured face to face survey carried out within a representative sample of seven municipalities in the southern coastal region of the town of Bah (Nunes et al. and 2020). According to a gardening products based valuation and the area could produce 34 M ($u = 47 k$) biodegradable tubes for seedling planting every calendar year and resulting in a gross yearly revenue of RS 1,70,000 ($u = 2350$).

MATERIALS AND METHODOLOGY

• Materials:

There are many plant based materials used in biodegradable cutlery and such as :

1. Polylactic Acid (PLA): Manufactured from natural resources like cereal starch or sugarcane and PLA is a thermoplastic that transforms and breaks down biologically. Disposable flatware tends to be produced utilizing it.
2. Starch Based Bioplastics: These can be constructed from cassava and corn or potatoes and together with other starch sources. They are compostable and able to be formed into cutlery.
3. Wood: Materials like bamboo or birch wood that are functioned as sustainably can be utilized for the production of wooden cutlery. More specifically bamboo is an accepted alternative simply due to its rapid expansion and renewable capacity.
4. Bagasse: A by product of processing sugarcane is bagasse. It is used to make biodegradable items and utensils. Products constructed with bagasse can be turned into compost and frequently seem like traditional paper products in texture.
5. Palm Leaf: Through palm leaves and creating cutlery is a sustainable and naturalistic way. It's a sustainable practice & favourable solution because the leaves are usually collected without causing damages to the palm tree.
6. Cornstarch: Cornstarch based cutlery is compostable and which is comparable to PLA. Cornstarch kitchenware represents an inexpensive and eco friendly substitute for conventional plastic platters.
7. Sugarcane Fiber: A byproduct of processing sugarcane and sugarcane fiber is additionally referred to as bagasse. Biodegradable dishes and bowls and tablewares are made from it. Bagasse may be shaped into many different kinds of shapes and it is compostable.
8. Wheat Straw: Following the harvest of wheat grains and wheat straw is an agricultural unwanted by product. It has gained popularity for its renewable nature and can be used to generate reusable cutlery.



9. Palm Starch: Produced from the starch of palm plants and palm starch is used for the manufacture of substances that decompose and such as tableware. When purchased ethically and it is looked upon as a sustainable option.
10. Bioplastics derived from hemp: Hemp is a plant with several applications that can be used for the production of bioplastics. Compostable and environmentally friendly and hemp bioplastics are used to produce biodegradable utensils.
11. Coconut Husk: Fibers throughout the husks of Coconut can be utilized for the manufacturing of biodegradable goods and such as crockery. Materials made of coconut are generally regarded the for their organic appearance and minimal impact on the surroundings.
12. Cassava: A starchy root nutrition and cassava can be used to produce plastics that break down by default. Compostable cutlery constructed from cassava can be considered as an environmentally responsible replacement for conventional plastic tableware.
13. Algae Based Bioplastics: Bioplastics can be produced with algae through the utilization of it as a feedstock. Bioplastic created from algae is being determined as sustainable replacements for various other products that are only used occasionally and including cutlery.

Methodology

A certain process is used in the development and production of biodegradable cutlery aimed at ensuring that the final product exceeds performance and ecological specifications. Following is an overview of methods to produce biodegradable crockery:

1. Raw Material Selection: Select materials which are renewable and biodegradable and such as PLA (polylactic acid) and bioplastics based on starch and or other materials produced by plant based products. To mitigate the impact on the environment and be sure that every item that you selected are supplied ethically.
 2. Material Processing: To produce the most suitable tableware shapes and process the raw materials using processes like extrusion and injection moulding or thermoforming. Decrease energy usage and generated waste by using sustainable methods of recycling.
 3. Testing and Quality Control: Establish strict processes for quality control to make sure the cutlery toughness and functionality. Test the cutlery to ensure that its ability and heat resistance and other performance characteristics exceed industry standards.
 4. Biodegradability Certification: To prove that the cutlery is actually biodegradable and obtain certifications from the necessary organizations. Check adherence to globally biodegradability and compostability standards and which include ASTM D6400 or EN 13432.
 5. Design Considerations: Consider measurements and weight and shape when manufacturing the cutlery to ensure ergonomic comfort and utilization. Take into consideration alternatives for end of life and such as preparations for home or institutional composting.
 6. Packaging: Select ecologically conscious packaging that is compatible with the cutlery goals for environmental sustainability. Make sure that the packaging biodegradability and disposal regulations are laid out clearly.
 7. Supply and Marketing: Develop a distribution model that decreases the transportation sectors carbon footprint. Facilitate the cutlery as a more sustainable choice by accentuating its biodegradability and reduced environmental effect.
 8. Educational Outreach: Remind customers of the advantages of use biodegradable flatware the right disposal methodologies. Give exact guidelines on how to dispose of or compost the silverware to make certain that it disintegrates completely.
 9. Continuous Improvement: Evaluate and change the assembly process on an ongoing basis to boost work efficiency and decrease its negative impact on the environment. Keep up to date with improvement in compostable materials and technology in order to anticipate any future modifications.
- Manufacturers are able to manufacture biodegradable cutlery that addresses global issues related to ordinary plastic crockery and aligns with sustainability attempts by using this kind of technology.

RESULT & DISCUSSION

Depends on the specific research's design and methods and decisions and a study on biodegradable flatware might deliver various outcomes and different points of view. We can give you an understanding of what might be discussed during such a discussion and though:

Biodegradability Performance: Analyse the cutlery's universal biodegradability in multiple environments and including as composting and soil and water and etc. Talk about the rapidity of breakdown and analyse it with normal plastic replacements.

Environmental Impact: Evaluate the manner in which biodegradable cutlery would have an impact on the environment through decreasing the level of plastic pollution. Contrast the ecological effects of producing and eliminating biodegradable cutlery with that of conventional plastics.

Material Composition: Discuss regarding to the sources of the materials took advantage of making biodegradable cutlery. Analyse these materials sustainability as well as prospective impact regarding resource conservation.

Performance & Functionality: Study the biodegradable cutlery's durability and toughness and usability when compared to more traditional options. Discuss more about any discrepancies in results or areas that could be solidified.

Acceptance by customers and Perception: Investigate the manner in which users experience about by utilizing biodegradable utensils. Evaluate their level of acceptance and the inclination of users for accepting these non-toxic replacements.

Cost considerations: Explain about how much cheaper it is to manufacture and utilize biodegradable cutlery than ordinary plastics. Evaluate the economical possibility of broad implementation.

Regulatory Compliance: Analyze the various jurisdiction biodegradable product requirements. Talk about the possible advantages and problems that these regulations currently bring with them.

Prospects for the Future and Recommendations: Suggest ideas for further research or advancements in the study of biodegradable cutlery technology. Discussion about the possible implementation of biodegradable kitchenware into wider green initiatives.

It's crucial to recollect that specific results and conversations will be dependent on the study particulars which includes the specific type of organic substance employed and the testing factors and the parameters for assessment. Furthermore and every step of time and the subject of discussion may alter based on modifications in regulations and technology.

One positive step in reducing the impact on the environment is consuming biodegradable cutlery. Although biodegradable cutlery is composed of materials that degrade naturally over time and it supports a lower level of plastic waste that closes at landfills and the ocean. By use of biodegradable cutlery and you may further support the ecology in several different ways:

Suitable Disposal: Assure that biodegradable cutlery is correctly disposed of in a suitable waste stream. While specific supplies can be composted and others might need to be transferred to a facility that conducts industrial composting. If there are specific disposal instructions and check the product information or the package.

Composting: Aim to compost biodegradable tableware. In added to generating nutrient rich soil and composting minimizes the requirement for landfill space. Determine if the utensils may be buried at home or transfer it to a local commercial operations composting facility.

Encourage Sustainably Obsessed Products: Choose products with barely any packaging to encourage sustainably purchased items. Evaluate everything about your effect on the environment when making opinions on what you ought to purchase.

Reuse when you are able to: Some biodegradable cutlery materials could possibly be able to be used multiple times just once. To further improve their durability and plan on cleaning and reusing them when appropriate.

Take Part in Clean Up Efforts: Take part in municipal clean up campaigns that help in the clean up of recyclables and trash from the environment. Participation in such activities can increase awareness and assist in creating a cleaner ecosystem.

Support Policy Changes: Remind the use of compostable and biodegradable materials by adopting or supporting for policies that do precisely that. This can require the implementation eco friendly corporate incentives or local regulations limiting the use of single use plastics.



FIG.3: This Disposable Tableware Made from Sugarcane and Bamboo Breaks Down in 60 Days & Sugarcane bagasse food trays degrade in 90 day



CONCLUSION

A study on compostable cutlery will typically include an overview of the important conclusions and discoveries from the research. An example of a conclusion section template can be shown below:

A review of the outcomes Include a short summary of the study core findings and observations and focusing on user acceptance and environmental effect and important performance metrics. Performance in Biodegradability examine the biodegradable cutlerys performance in terms of its capacity to break down in various environments. Draw reference to any noticeable distinctions in the rates of degradation when compared to typical plastic replacements. The present study is to give a general description of the detrimental effects of biodegradable cutlery and with particular emphasis on potential positive consequences for ecosystems and minimizing the effects of plastic pollution. Composition of the material look at the ecological impact of the different parts that go into manufacturing biodegradable cutlery. Talk about the potential repercussions of these materials renewable nature and resource conservation.

Talk about how beneficial and practical it is relative to more safe solutions. Acceptance perception by members create an overview of user thoughts and suggestions about the use of biodegradable cutlery. Talk about any parts changing the acceptance or opposition of users to use. The expense considerations in the result you want and weigh the long term economical advantages and production costs of biodegradable cutlery. Draw notice of any issues of compromise or challenges with cost effectiveness. Talk about how legislation could make positive or negative impact on the widespread use of biodegradable cutlery.

Prospects for the future provide a discussion of the possible impact of biodegradable tableware to the solutions of environmental problems. Make recommendations for future study and development that will improve the technology get around known problems. Provide a review of the biodegradable cutlery's universal acceptance as an environmentally friendly substitute with taking into consider all analyzed parameters.

Many microorganisms and such as fungi and bacteria and participate in the environmental deterioration of biodegradable cutlery. The microorganism Bacillus is frequently involved in the decomposition of organic matter and which involves polymers that break down over time. The ability of Bacillus species to synthesize enzymes that breakdown complex organic compounds is well acknowledged. In addition to this and it has been observed that different bacteria and particularly Actinobacteria and Pseudomonas and participate in the decomposition of biodegradable materials. These microorganisms generate lipases and proteases and which are two kinds of enzymes that are capable of breaking down the molecules found in plastics that decompose into less complex molecules. It's significant to understand that the specific kinds of bacteria responsible for the decaying process might vary depending on the conditions in the environment and chemical nature of the biodegradable material. Furthermore and the word "biodegradable" can apply to an extensive selection of compounds and many different microbes may be responsible for digesting various kinds of biodegradable plastic materials or cutlery.

In addition to that and it is advisable to use biodegradable flatware instead of conventional cutlery made from plastic and which not only harm the environment but all living organisms as well. In this paper it is described in depth that how plastic is toxic and harmful for all of us and how its alternatives are convenient and environmental friendly which we can opt for everyday use.

REFERENCES

1. A. Kalla; H. Manjunatha; R. Devaraju; "Coconut Shell Powder Reinforced Epoxy Composites : A Review", AGRICULTURAL REVIEWS, 2021.
2. Aditi Mahajan; Inderdeep Singh; Navneet Arora; "An Integrated Multi-criteria Decision-making Framework for The Selection of Sustainable Biodegradable Polymer for Food Packaging Applications", ENVIRONMENT, DEVELOPMENT AND SUSTAINABILITY, 2023.
3. Alyssa Brownlee; Chris Li; Maria Lo; "Life Cycle Assessment : Aspenware Biodegradable Cutlery", 2013.
4. Anirudh Muralidharan Gautam; Nídia S. Caetano; Nídia S. Caetano; "Study, Design and Analysis of Sustainable Alternatives to Plastic Takeaway Cutlery and Crockery", ENERGY PROCEDIA, 2017. (IF: 3)
5. Ayamanni Sajeeb; Perikinalil Krishnan Rajendrakumar; "Comparative Evaluation of Lubricant Properties of Biodegradable Blend of Coconut and Mustard Oil", JOURNAL OF CLEANER PRODUCTION, 2019. (IF: 3)
6. B Akshai; R Visakh; Krishnanand J Kamath; Mohammed R Riyas; ML Joy; "A Novel Approach in Developing Environment-friendly Bio-lubricant from Coconut Oil, Mustard Oil and Its Methyl Esters", PROCEEDINGS OF THE INSTITUTION OF MECHANICAL ENGINEERS, ..., 2020.
7. B. Mishra; Rajat Kumar; "The Production Of Biodegradable Fuel From Nonedible Oilseed In India: A Review", IOSR JOURNAL OF APPLIED CHEMISTRY, 2012. Mominul Sinan; "Bioplastics for Sustainable Development: General Scenario in India", CURRENT WORLD ENVIRONMENT, 2020.
8. Baburaj Regubalan; Pintu Pandit; Saptarshi Maiti; Gayatri T. Nadathur; Aranya Mallick; "Potential Bio-Based Edible Films, Foams, and Hydrogels for Food Packaging", 2018. (IF: 3)
9. Catia Bastioli; "Global Status of The Production of Biobased Packaging Materials", STARCH-STARKE, 2001.
10. Charles R. Hall; Benjamin L. Campbell; Bridget K. Behe; Chengyan Yue; Roberto G. Lopez; Jennifer H. Dennis; "The Appeal of Biodegradable Packaging to Floral Consumers", HORTSCIENCE, 2010. (IF: 3)



11. Chengyan Yue; Charles R. Hall; et al.; "Are Consumers Willing to Pay More for Biodegradable Containers Than for Plastic Ones? Evidence from Hypothetical Conjoint Analysis and Nonhypothetical Experimental Auctions", *JOURNAL OF AGRICULTURAL AND APPLIED ECONOMICS*, 2010. (IF: 3)
12. Cristiane M. Finzi-Quintão; K. Novack; A. Bernardes-Silva; "Identification of Biodegradable and Oxo-Biodegradable Plastic Bags Samples Composition", *MACROMOLECULAR SYMPOSIA*, 2016. (IF: 3)
13. Dani Dordevic; Lucie Necasova; Bojan Antonic; Simona Jancikova; Bohuslava Tremlová; "Plastic Cutlery Alternative: Case Study with Biodegradable Spoons", *FOODS (BASEL, SWITZERLAND)*, 2021. (IF: 3)
14. Emo Chiellini; Patrizia Cinelli; Salvatore D'Antone; V. I. Iliava; "Environmentally Degradable Polymeric Materials (EDPM) in Agricultural Applications - An Overview", *POLIMERY*, 2002. (IF: 3)
15. Etienne Paul; Elisabeth Neuhauser; Yu Liu; "Biodegradable Bioplastics from Fermented Sludge, Wastes, and Effluents", 2012.
16. F. D. S. Larotonda; M. Torres; M. P. Gonçalves; A. Sereno; L. Hilliou; "Hybrid Carrageenan-based Formulations for Edible Film Preparation: Benchmarking with Kappa Carrageenan", *JOURNAL OF APPLIED POLYMER SCIENCE*, 2016. (IF: 3)
17. Francesco Razza; Maurizio Fieschi; Francesco Degli Innocenti; Catia Bastioli; "Compostable Cutlery and Waste Management: An LCA Approach", *WASTE MANAGEMENT*, 2009. (IF: 3)
18. Gurvendra Pal Singh; Sneha Punia Bangar; Tianxi Yang; Monica Trif; Vinod Kumar; Dinesh Kumar; "Effect on The Properties of Edible Starch-Based Films By The Incorporation of Additives: A Review", *POLYMERS*, 2022. (IF: 3)
19. Ibrahim Muhammad Shamsuddin; Sani N; Adamu M; Abubakar MK; "Biodegradable Polymers for Sustainable Environmental and Economic Development", *MOJ BIOORGANIC & ORGANIC CHEMISTRY*, 2018. (IF: 3)
20. Ioanna Kyrikou; Demetres Briassoulis; "Biodegradation of Agricultural Plastic Films: A Critical Review", *JOURNAL OF POLYMERS AND THE ENVIRONMENT*, 2007. (IF: 5)
21. J. de Araújo; Dulce Magalhães; N. A. de Oliveira; Hélio Wiebeck; Jivaldo do Rosário Matos; "Thermal Degradation and Kinetic Parameters of Polyester and Poly (Lactic Acid) Blends Used in Shopping Bags in Brazil", *JOURNAL OF POLYMERS AND THE ENVIRONMENT*, 2013.
22. Jagadeesh K. Mannekote; Satish V. Kailas; "Studies on Boundary Lubrication Properties of Oxidised Coconut and Soy Bean Oils", *LUBRICATION SCIENCE*, 2009. (IF: 3)
23. Jagdish C. Kuniyal and Arun P. Jain; "Tourists Involvement in Solid Waste Management in Himalayan Trails: A Case Study In and Around Valley of Flowers, India", *JOURNAL OF ENVIRONMENTAL SYSTEMS*, 2000. (IF: 3)
24. Jinlei Miao; Haihui Liu; et al. "Biodegradable Transparent Substrate Based On Edible Starch-Chitosan Embedded With Nature-Inspired Three-Dimensionally Interconnected Conductive Nanocomposites For Wearable Green Electronics", *ACS APPLIED MATERIALS & INTERFACES*, 2018. (IF: 3)
25. Justine Jacquin; Nolwenn Callac; et al. "Microbial Diversity and Activity During The Biodegradation in Seawater of Various Substitutes to Conventional Plastic Cotton Swab Sticks", *FRONTIERS IN MICROBIOLOGY*, 2021. (IF: 3)
26. Jyoteshna Kharb; Ritu Saharan; "Sustainable Biodegradable Plastics and Their Applications: A Mini Review", *IOP CONFERENCE SERIES: MATERIALS SCIENCE AND ENGINEERING*, 2022
27. K M Faridul Hasan; Péter György Horváth; Miklós Bak; Tibor Alpár; "A State-of-the-art Review on Coir Fiber-reinforced Biocomposites", *RSC ADVANCES*, 2021. (IF: 3)
28. K Wahyuningsih; E S Iriani; B Amalia; "The Addition of Biosilica and Coconut Oil to Improve The Characteristic of Starch-based Biofoam Packaging", *IOP CONFERENCE SERIES: EARTH AND ENVIRONMENTAL SCIENCE*, 2021.
29. KAIRE TORN; GEORG MARTIN; GRETA REISALU; "DEGRADATION OF BIODEGRADABLE SINGLE-USE PLATES AND WASTE BAGS IN TERRESTRIAL AND MARINE ENVIRONMENTS", 2022
30. Karthikeyan Chidambarampadmavathy; Obulisamy Parthiba Karthikeyan; Kirsten Heimann; "Sustainable Bioplastic Production Through Landfill Methane Recycling", *RENEWABLE & SUSTAINABLE ENERGY REVIEWS*, 2017. (IF: 3)
31. Katherine Cubilla; Yuribeth González; Génesis Montezuma; María Samudio; Evidelia Gómez; "Fibra De Coco Y Cáscara De Plátano Como Alternativa Para La Elaboración De Material Biodegradable", 2020.
32. Layla Filiciotto; Gadi Rothenberg; "Biodegradable Plastics: Standards, Policies, and Impacts", *CHEMSUSCHEM*, 2020. (IF: 4)
33. Lovedeep Kaur; Jaspreet Singh; "Novel Applications of Potatoes", 2016.
34. Luane Alcântara Nunes; Maria L.S. Silva; Juliano Zaffalon Gerber; Ricardo de Araújo Kalid; "Waste Green Coconut Shells: Diagnosis of The Disposal and Applications for Use in Other Products", *JOURNAL OF CLEANER PRODUCTION*, 2020. (IF: 3)
35. Lyubov Dyshlyuk; Olga Babich; Daria Belova; Alexander Prosekov; "Comparative Analysis of Physical and Chemical Properties of Biodegradable Edible Films of Various Compositions", *JOURNAL OF FOOD PROCESS ENGINEERING*, 2017. (IF: 3)



36. M. H. Masud; A. A. Ananno; "Versatile Applications of Degradable Plastic", 2021. Markus Flury; Ramani Narayan; "Biodegradable Plastic As An Integral Part of The Solution to Plastic Waste Pollution of The Environment", GREEN AND SUSTAINABLE CHEMISTRY, 2021. (IF: 3)
37. Maja Rujnić-Sokele; Ana Pilipović; "Challenges And Opportunities Of Biodegradable Plastics: A Mini Review", WASTE MANAGEMENT & RESEARCH 2017. (IF: 5)
38. Manisha Deb Mandal; Shyamapada Mandal; "Coconut (Cocos Nucifera L.: Arecaceae): In Health Promotion and Disease Prevention", ASIAN PACIFIC JOURNAL OF TROPICAL MEDICINE, 2011. (IF: 6)
39. Maxwell Paca Matos; Juan Lopes Teixeira; Brenno Lima Nascimento; Sandro Griza; Francisco Sandro Rodrigues Holanda; Regina Helena Marino; "Production of Biocomposites from The Reuse of Coconut Powder Colonized By Shiitake Mushroom", CIÊNCIA E AGROTECNOLOGIA, 2019. (IF: 3)
40. Mirko Cucina; Gabriele Soggia; Patrizia De Nisi; Andrea Giordano; Fabrizio Adani; "Assessing The Anaerobic Degradability and The Potential Recovery of Biomethane from Different Biodegradable Bioplastics in A Full-scale Approach", BIORESOURCE TECHNOLOGY, 2022.
41. Mónica Duque-Acevedo; Luis J. Belmonte-Ureña; Fernando Toresano-Sánchez; Francisco Camacho-Ferre; "Biodegradable Raffia As A Sustainable and Cost-Effective Alternative to Improve The Management of Agricultural Waste Biomass", AGRONOMY, 2020. (IF: 3)
42. Morsyleide de Freitas Rosa; Bor-Sen Chiou; Eliton S. Medeiros; Delilah F. Wood; Luiz H. C. Mattoso; William J. Orts; Syed H. Imam; "Biodegradable Composites Based on Starch/EVOH/glycerol Blends and Coconut Fibers", JOURNAL OF APPLIED POLYMER SCIENCE, 2008. (IF: 3)
43. N. Rastogi; "New Technologies for Value Added Products from Coconut Residue", BY-PRODUCTS OF PALM TREES AND THEIR APPLICATIONS, 2019.
44. Nathalie Gontard; Stéphane Guilbert; "Bio-packaging: Technology and Properties of Edible And/or Biodegradable Material of Agricultural Origin", 1992. (IF: 5)
45. Noran Mousa; Emmanuel Galiwango; Sabeera Haris; Ali H Al-Marzouqi; Basim Abu-Jdayil; Yousuf L Caires; "A New Green Composite Based on Plasticized Polylactic Acid Mixed with Date Palm Waste for Single-Use Plastics Applications", POLYMERS, 2022. (IF: 3)
46. P. J. Jandas; Smita Mohanty; S. K. Nayak; "Surface Treated Banana Fiber Reinforced Poly (lactic Acid) Nanocomposites for Disposable Applications", JOURNAL OF CLEANER PRODUCTION, 2013. (IF: 3)
47. Patrizia Cinelli; Maria-Beatrice Coltelli; Francesca Signori; P. Morganti; Andrea Lazzeri; "Cosmetic Packaging to Save The Environment: Future Perspectives", COSMETICS, 2019. (IF: 3)
48. Prashant Gupta; Bhagwan Toksha; Mostafizur Rahaman; "A Review on Biodegradable Packaging Films from Vegetative and Food Waste", CHEMICAL RECORD (NEW YORK, N.Y.), 2022. (IF: 3)
49. Rindengan Barlina; S. Liwu; J. Wungkana; J. Alouw; "Potency of Coconut Water As Raw Material for Biodegradable Plastics", IOP CONFERENCE SERIES: EARTH AND ENVIRONMENTAL SCIENCE, 2023.
50. S. K. Nath; Vipin K. Chawla; "Wood Substitution: Recent Developments in India", JOURNAL OF THE INDIAN ACADEMY OF WOOD SCIENCE, 2012.
51. Sara Guerrini; Giorgio Borreani; Henk Voojis; "Biodegradable Materials in Agriculture: Case Histories and Perspectives", 2017. (IF: 3)
52. Saurabh Sid; Rahul S. Mor; Anand Kishore; Vijay Singh Sharanagat; "Bio-sourced Polymers As Alternatives to Conventional Food Packaging Materials: A Review", TRENDS IN FOOD SCIENCE AND TECHNOLOGY, 2021. (IF: 4)
53. Seiichi Tokura; H. Nagahama; Hiroshi Tamura; "Preparation of Biodegradable Fibers from Food Wastes", 2007.
54. Steivie Karouw; Budi Santosa; Maria L Kapu'allo; "Pemanfaatan Biodegradable Film Pati Sagu Sebagai Bahan Pengemas Permen Kelapa (Utilization of Biodegradable Film from Sago Starch As Packaging for Coconut-Based Candy)", 2020.
55. Teresa N. Malafi; Marlene A. Devine; Larry L. Leshner; "A User Evaluation of Biodegradable Cutlery", JOURNAL OF ENVIRONMENTAL POLYMER DEGRADATION, 1994.
56. Teresa N. Malafi; Marlene A. Devine; Larry L. Leshner; "ATTITUDES OF U.S. NAVY PERSONNEL TOWARD THE USE OF BIODEGRADABLE PRODUCTS IN FOODSERVICE", FOODSERVICE RESEARCH INTERNATIONAL, 1995.
57. Tobias P Haider; Carolin Völker; Johanna Kramm; Katharina Landfester; Frederik R Wurm; "Plastics Of The Future? The Impact Of Biodegradable Polymers On The Environment And On Society", ANGEWANDTE CHEMIE (INTERNATIONAL ED. IN ENGLISH), 2018. (IF: 7)
58. Wenhao Zhang; "Analysis on The Development and Application of Biodegradable Polymers", IOP CONFERENCE SERIES: EARTH AND ENVIRONMENTAL SCIENCE, 2021.
59. Wissuta Choeybundit; K. A. Shiekh; P. Rachtanapun; W. Tongdeesoontorn; "Fabrication of Edible and Biodegradable Cutlery from Morning Glory (Ipomoea Aquatic) Stem Fiber-reinforced Onto Soy Protein Isolate", HELIYON, 2022.
60. Wissuta Choeybundit; Khursheed Ahmad Shiekh; Pornchai Rachtanapun; Wirongrong Tongdeesoontorn; "Fabrication of Edible and Biodegradable Cutlery from Morning Glory Stem Fiber-Reinforced Onto Soy Protein Isolate", BIOLOGY & SUSTAINABILITY EJOURNAL, 2021.



61. Worraphol Nansu; Sukunya Ross; Gareth M. Ross; Sararat Mahasaranon; "Effect of Crosslinking Agent on The Physical and Mechanical Properties of A Composite Foam Based on Cassava Starch and Coconut Residue Fiber", MATERIALS TODAY: PROCEEDINGS, 2019. (IF: 3)
62. Y. Zhang; J. H. Han; Z. Liu; "Starch-based Edible Films", 2008. (IF: 3)
63. Young Jo Kim; Sang-Eun Chun; Jay Whitacre; Christopher J Bettinger; "Self-deployable Current Sources Fabricated From Edible Materials", JOURNAL OF MATERIALS CHEMISTRY. B, 2013. (IF: 5)
64. Zhang Fangfang; Bai Xinpeng; G. Wei; Guoding Wang; Z. Shi; C. Jun; "Effects of Virgin Coconut Oil on The Physicochemical, Morphological and Antibacterial Properties of Potato Starch-based Biodegradable Films", INTERNATIONAL JOURNAL OF FOOD SCIENCE & TECHNOLOGY, 2019. (IF: 3)
65. Websites:
66. <https://images.app.goo.gl/cypWo239rHXSSepq9>
67. <https://mscpi.com/about-us/>
68. <https://scitechdaily.com/this-disposable-tableware-made-from-sugarcane-and-bamboo-breaks-down-in-60-days/>
69. <https://www.bagasseproduct.com/product/Compartment-Sugarcane-Food-Tray.html>
70. <https://www.insinc.co.nz/blog/biodegradable-cutlery-NZ>
71. https://www.researchgate.net/figure/The-production-process-for-bamboo-products_fig1_340000697/download?_tp=eyJjb250ZXh0Ijp7ImZpcnN0UGFnZSI6Ii9kaXJlY3QiLCJwYWdlIjoiX2RpcmVjdCJ9fQ
72. <https://www.sciencedirect.com/science/article/abs/pii/S0959652622002293>
73. <https://www.sciencedirect.com/science/article/abs/pii/S2213343723020493>